

**NSS UNIT** 



# MURSHIDABAD ADARSHA MAHAVIDYALAYA ISLAMPUR, MURSHIDABAD, WB -742304

# ANNAUAL REPORT 2021 April - 2022 March

SUBMITTED BY PROGRAMME OFFICER NSS UNIT, MAM DATE: 12.04.2022 Prepared by Ismail Sarkar, SACT, English

Signature of Programme officer

Signature of Principal/TIC

## **MESSAGE FROM THE DESK OF PRINCIPAL/ TIC:**

National Service Scheme (NSS) was introduced in 1969 with the primary objective of developing the personality and character of the student youth through voluntary community service. The NSS is part of our academic, social and personal life. It allows the students to actively contribute their services for the cause of community and the nation, thus helping them develop their personality and to grow individually and as a group. Volunteering for various tasks under NSS activities allows student to become confident, develop leadership skills, and learn about different people from the different sects of life. As such, the NSS is the right platform, where the students-youth of the nation may get to involve with real-life social activities, and thereby become responsible citizen of India.

#### FORMATION OF NSS UNIT FOR THE SESSION 2021-22:

To form the NSS Unit for the session 2021-22 a meeting has been arranged on 11/8/2021 by the consent of TIC, Shri Basob Ghosh. The meeting was held on online mode on the following agenda:

- 1. Selection of Programme Officer.
- 2. Selection of other NSS Committee Members.

As per the agenda, it was unanimously decided that Papia Biswas from the department of History will remain the Programme Officer for the session 2021-22. It was also unanimously decided that the names of Tarun Samui, Dhananjoy Mahato, Debasis Mahanto are included as the committee member of the NSS unit. [See the Annexure 1]

#### **ENROLLMENT OF THE STUDENTS**

To enroll the new volunteers for NSS Unit a General Notice has been circulated among the students through online [See Annexure 2] on 13.08.2021. Here the details of enrollment of the registered volunteers are given in attached sheets. [See the Annexure 3]

# **PROGRAMME SCHEDULE FOR THE SESSION OF 2021-22**

SL.No	Programme Names	Date	Programme Officer/Coordinator	Speakers/Conducting teachers	Special Guest speakers
1.	Orientation Programme	25.2.22	Papia Biswas	Dhananjoy Mahato	
2.	Women Health and Hygiene.	8.3.22	Papia Biswas	1.Papia Biswas (Department of History) 2.Anushree Kundu (Department of Geography)	
3	Clean Society, Healthy Society.	10.3.22	Papia Biswas	Tarun Samui	
4	Rally for making people aware of Mosquitoe borne diseases	12.3.22		Tarun Samui, Dhananjoy, Mahato, Debasis Mahanto(Members)	
5	Parthanium Eradication	14.3.22	Papia Biswas	Tarun Samui, Dhananjoy, (Members)	
6	Mission: Cleaning the college campus	25.3.22	Papia Biswas	Tarun Samui, Dhananjoy Mahato	*Special camp* (25-31)
7	Mission: Cleaning the Surrounding of the college.	26.3.22	Papia Biswas	Tarun Samui	
8	Camp against Tobacco and HIV	28.3.22	Papia Biswas	Dhananjoy Mahato	Najmul Khan, OST Counsellor, MMCH
9	Blood Donation Camp	29.3.22	Papia Biswas	All the Committee members.	1.Dr.S.M Sarfaraj(Domkol SD & S.S Hospital 2.Abdur Sofir(M.t Lab) 3.Md.Murtuj(BloodBank)
10	Thalassaemia Screening Camp	30.3.22	Papia Biswas	All the Committee Members	Dr. Helal Uddin MMCH
11	Save drive Save life Progrrame	31.3.22	Papia Biswas	All the Committee Members	1. Torit Baron Sinha, S.I with four staff of Islampur PS
12	Book Distribution and Awareness programme at 41 Harharia Mathpara Primary school Primary School.	31.3.22	Papia Biswas	Tarun Samui	

Sl. No.	Fund deposit details	Amount Rs	Expenditure Details	Amount Rs
1.	Fund from Government/ University	Rs.22500	A) SPECIAL CAMP 1.Lunch 20pct*100=2000 + Tiffin 300*20=6000	8000
			2.Flower bouquets& uttorio=1000	1000
			3. Honorium for outsourced speaker. 6 persons*1000=	6000
			4.Travelling Allowance	3000
			5. Donation (Dustbin+ Plants+ Fruits+ Books)	2500
			6. Banner/ Flex Printing charge	1000
			7.Misc	1000
			Total	22500
2.	Fund from Government/	Rs.22000	B) GENERAL CAMP	7500
	University		1. Tiffin 300pkt*Rs25	1500
			2. Banner/ Flex Printing charge 3. Campus Decoration	1500 1500
			4. Stationary Product Purchase (Hand wash+ Basket+ Broom+ Bleaching Powder)	2000
			5. Contingency+ Gloves+ Masks+ Medicine+ Campaigning Materials	3700
			6. Programme Officer Honorium	4800
			7. Audit Fees	1000
			Total	22000
3.	Fund from Government/	4500	<u>C) RED RIBBPON DAY</u>	
	University		1.Tiffin 100pkt*Rs20	2000
			2. Stationary Products (Ribbon Pin+ Bottle, etc.)	500
			3. Rally+ Postering + Campaign etc.	1500
			4. Banner/ Flex Printing charge	500
			Total	4500
	Tentative Fund Total	49000	Total Tentative Expenditure A+B+C	49000

# **TENTATIVE BUDGET OF THE SESSION 2021-22**

# SUMMARY OF ALL THE PROGRAMMES CONDUCTED BY NSS UNIT

#### **PROGRAMME NO. 1**

As per the decision taken in the previous meeting, an **orientation programme** has been taken for sake of newly joined students of the NSS Unit. (See Annexure 4)

- 1. Proramme Name: Orientation Programme.
- 2. Programme Participation: 60 students (see the attendance register)
- 3. Programme Venue: Seminar Hall Room No-19.
- 4. Programme Date: 25.2.2022
- 5. Pragramme Time: 10:30 Onward.
- 6. Pragramme Officer: Papia Biswas Biswas.
- 7. Speaker of the programme: Dhananjoy Mahato
- **8. Outcome of the Programme:** The students were highly motivated by the speaker Dhanajoy Mahato and they resolved to abide by the rules on NSS and devotedly work for the Unit





As per the meeting held on 3.3.22 at in the room no 27, an awareness programme has been held on **Women Health and Hygiene.** (See Annexure 5)

- 1. Proramme Name: Women Health and Hygiene
- 2. Programme Participation: 50 students from various department (See the attendance register)
- 3. Programme Venue: Seminar Hall Room No.19
- 4. Programme Date: 8.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas
- 7. Speaker of the programme: Papia Biswas & Anushree Kundu
- 8. Outcome of the Programme: As the college is situated in the remote area of the state, definitely the girl students are very much shy to share personal problems with their parents and they are unaware of various diseases that generally come from their ignorance of the health hygiene issues. To make them aware was the prime motto of programme and the program succeeded immensely.

### IMAGES OF PROGRAMME



#### PROGRAMME NO. 3.

As per the resolution taken in the meeting, held on 3.3.22, at the room no 27, a programme namely **the Clean Society, Healthy Society** has been organized by the NSS Unit. (See Annexure 6)

- 1. Proramme Name: The Clean Society, Healthy Society
- 2. Programme Participation: 45 students from various department (See the attendance register)
- **3. Programme Venue:** The college campus
- 4. Programme Date:10.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas.
- 7. Speaker of the programme: Tarun Samui.
- **8. Outcome of the Programme:** The NSS unit cleaned the campus. They learned how to work collectively. Brotherhood and sense unity thrived on them in their work. Their work motivated other students to keep their college campus clean and shiny.

## **IMAGES OF PROGRAMME**



### PROGRAMME NO. 4.

As per the resolution taken in the meeting, held on 3.3.22, at the room no 27, a programme namely **Rally for making people aware of Mosquitoes borne Diseases** has been organized by the NSS Unit. (See Annexure 7)

- 1. Proramme Name: Rally for making people aware of Mosquitoes borne Diseases.
- 2. Programme Participation: 30 students from various department (See the attendance register)
- 3. Programme Venue: Nearby villages
- 4. Programme Date:12.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas.
- 7. Leaders of the programme: Tarun Samui, Dhananjoy, Mahato, Debasis Mahanto.
- 8. Outcome of the Programme: The students made people aware that if our surroundings are clean mosquitoes will not be seen. They made the local people understand that they need to sleep at night with mosquito net and never let water be stagnated near their houses in open space. Thus, the really was immensely successful.

#### IMAGES OF THE PROGRAMME



#### **PROGRAMME NO. 5**

In accordance with the meeting held on 3.3.22, at the room no 27, the NSS Unit organized **Parthenium Eradication.** (See Annexure 8)

- 1. Proramme Name: Parthenium Eradication
- 2. Programme Participation: 35 students from various department (See the attendance register)
- 3. Programme Venue: Within the Campus
- 4. Programme Date: 14.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas.
- 7. Leaders of the programme: Tarun Samui, Dhananjoy Mahato.
- 8. Outcome: We all know that Parthenium belongs to invasive alien plant species. It is known for its notorious role as environmental, medical, and agricultural hazards. It mostly grows in the rural areas so students came to recognize these kinds of herb and they became aware of the effects of these herbs on human body and environment including agriculture. This programme imbibed in the student to keep their environment clean and health.

#### **IMAGES OF THE PROGRAMME**





#### PROGRAMME NO. 6 Special camp of NSS

From 25.3.22 we started our special camp as it was resolute in our previous meeting. So, we had organized a Mission: Cleaning the College Campus Programme. (See Annexure 9)

- 1. Proramme Name: A Mission: Cleaning the College Campus Programme.
- 2. Programme Participation: 40 students from various department (See the attendance register)
- 3. Programme Venue: in the college campus.
- 4. Programme Date: 25.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas.
- 7. Leaders of the programme: Tarun Samui, Dhananjoy Mahato.
- 8. Outcome: Our team from the NSS unit always played a vital role in cleaning the campus of our college. Maintaining a clean college environment sets a good example to students. It encourages learners to take pride in their university or college, which makes them less likely to drop litter and as such they will potentially make a bigger effort to maintain their environment.



The second program of our special camp **Mission: Cleaning the Surrounding of the College**. (See Annexure 10)

- 1. Proramme Name: Mission: Cleaning the surrounding of the College
- 2. Programme Participation: 35 students from various department (see the attendance register)
- 3. Programme Venue: Nearby Roads.
- 4. Programme Date:26.3.22
- 5. Programme Time: 2pm-4pm.
- 6. Pragramme Officer: Papia Biswas.
- 7. Leaders of the programme: Tarun Samui,
- 8. Outcome: The newly enlisted students to the NSS unit came to learn that cleanliness promotes mental clarity. They also spread the message to the local people that regular hand washing can prevent the spread of infections. It was felt that clean environment automatically boosts our self-confidence. Cleanliness gives a fresh and good look to our surroundings. Hence this mission helps the unit to nurture their sense of duty.



The 3<sup>rd</sup> program of special camp conducted by NSS unit was Camp against Tobacco and HIV. (See Annexure 11)

- 1. Proramme Name: Camp against Tobacco and HIV
- 2. Programme Participation: 121 Students from various department (See the attendance register)
- 3. Programme Venue: Seminar Hall, Room No. 19
- 4. Programme Date: 28.3.22
- 5. Programme Time: 11am-4pm.
- 6. Pragramme Officer: Papia Biswas.
- **7. Speaker of the programme:** Najmul Khan, OST Counselor, Murshidabad Medical College & Hospital.
- 8. Outcome: The programme on tobacco was is an opportunity to raise awareness on the harmful and deadly effects of tobacco use and second-hand smoke exposure, and to discourage the use of tobacco in any form. Our campaign will increase awareness on: the negative impact that tobacco has on people's lung health, from cancer to chronic respiratory disease, the fundamental role lungs play for the health and well-being of all people. On other hand the HIV campaign raised an awareness to create more openness about the disease and to make communities more supportive of people living with AIDS. Thus, our NSS unit actively participated in this camp and made it a success.



On the fourth day of our special camp organized by NSS unit was **Blood Donation Camp.** (See Annexure 12)

- 1. Proramme Name: Blood Donation Camp.
- **2. Programme Participation**: 46 students from various department and Teachers donated blood (See the attendance register)
- 3. Programme Venue: Room No.5
- 4. Programme Date:29.3.22
- 5. Programme Time: 11am-5pm
- 6. Pragramme Officer: Papia Biswas.
- 7. Guest Speakers and Doctors of the programme: Dr.S.M Sarfaraj (Domkol SD & S. S Hospital, Abdur Sofir (M.t Lab) & Md. Murtuj (Blood Bank Murshidabad Medical College & Hospital).
- 8. Outcome: In this programme we have collected 47 pouches of blood. It was a huge success. We all know that no machine can manufacture or produce blood. It is only the human being who is generous can denote blood and meet the scarcity of it. From this perspective this programme done by NSS unit serves the humanity for the betterment. After donating blood, we have provided each donor with certificate.



#### PROGRAMME NO. 10.

On the fifth day of our special camp, we organized Thalassemia Screening Camp. (See Annexure 13)

- 1. Proramme Name: Thalassemia Screening Camp.
- **2. Programme Participation**: 141 students from various department participated in the programme. (See the attendance register)
- 3. Programme Venue: Room No.4
- 4. Programme Date: 30.3.22
- 5. Programme Time: 11am-5pm
- 6. Pragramme Officer: Papia Biswas.
- 7. Invited Doctors: Dr. Helal Uddin & P. Hazra, Murshidabad Medical College & Hospital (MMCH).
- 8. Outcome: We detected 13 Thalassemia disordered persons in that screening programme. Of them 11 persons were carriers of the Thalassemia whereas 2 persons were patients. Those 11 persons where carriers of the Thalassemia are regularly counseled and those 2 positives candidates were sent to Murshidabad Medical College & Hospital. At present Thalassemia Screening, particularly of people in the premarital phase of life, is important because it can provide early detection of thalassemia carriers and help to prevent new cases. It ensures that your child does not suffer from Thalassemia, a crippling lifelong blood disorder. To screen such fatal disease our NSS unit stood as torchbearer in this remote area of Murshidabad where maximum people are below or at the border line of education.



#### **PROGRAMME NO. 11.**

On the sixth day of our special camp the NSS unit organized two programmes. In the first half we organized **Save Drive Save Life Rally**. (See Annexure 14)

- 1. Proramme Name: Safe Drive Save Life.
- 2. Programme Participation: 60 students from various department. (See the attendance register)
- 3. Programme Venue: In Ismalpur Bus stand
- 4. Programme Date: 31.3.22
- 5. Programme Time: 11am-2pm
- 6. Pragramme Officer: Papia Biswas.
- 7. Invited Officer: Torit Baron Sinha, S.I with four staff of Islampur Police Station.
- 8. Outcome: We made the local people aware that driving bikes without helmet may cause life taking accident. We provided them chocolates as token of our rally. People heartily listened to our advices.





In the second half of day, we organized Book Distribution and Awareness Programme on 31.3.22. (See Annexure 15)

- 1. Proramme Name: Book Distribution and Awareness Programme.
- 2. Programme Participation: 30 students from various department. (See the attendance register)
- 3. Programme Venue: In Ismalpur Bustand
- **4. Programme Date:**31.3.22 (2<sup>nd</sup> half of the day)
- 5. Programme Time: 2:30pm-5pm
- 6. Pragramme Officer: Papia Biswas.
- 7. Committee Member: Tarun Samui.
- 8. Outcome: In this programme we donated books of rupees 5040 to the library of 41 Harharia Mathpara Primary school Primary School. We encouraged the students of the school by donating books so that they can prosper in their life and staffs of that school appreciated our tasks.

Thus in 31.3.22, we the NSS Unit of Murshidabad Adarsha Mahavidyalaya had completed all the programme of the Session 2021-22. We thank all the committee members and the volunteers of the NSS Unit of 2021-22. We hope that works done by NSS Unit will definitely bring some positive changes in the locality where the college is situated. We thank our TIC and other faculty of the college as we have always found them, supportive and cooperative in our all the programmes that we have conducted in this session. We thank our non-teaching staffs our college as without their active support our program would have not possible.



